

PDF travel checklist

Is the Gujarat pilgrimage right for a senior traveler? Travel Checklist

Use this checklist before confirming travel dates, documents, packing and family comfort.

Trip information

Guide: Gujarat Pilgrimage for Senior Citizens: Pace, Mobility and Health Guide

Destination: Gujarat

Updated: 8 August 2026

Read the full guide:

<https://www.shubhayatraholidays.com/blog/gujarat-pilgrimage-senior-citizens-guide>

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Important planning points

- ☐ Four days can be physically easier than ten, but flights, queues and road transfers still make it an active trip.
- ☐ Somnath lists wheelchair, golf-cart and lift help; do not assume identical assistance at every temple.
- ☐ Airport wheelchair support should be requested with the airline before travel, not only after reaching the terminal.
- ☐ Carry routine medicines in hand baggage with a written list and extra supply for delays.

Article action items

- ☐ Can the traveler walk 10-15 minutes at a gentle pace?
- ☐ Can they stand safely when a queue stops moving?
- ☐ Can they sit through a multi-hour transfer with breaks?
- ☐ Can they manage medicines, meals and the toilet without rushing?
- ☐ Ask for lift access at each hotel, not just a "deluxe" label.
- ☐ Request a lower-floor or lift-near room if walking is limited.
- ☐ Confirm the nearest family companion during queues and transfers.
- ☐ Keep one rest option for every optional sightseeing stop.

Before booking

- ☐ Confirm live seats, route flow and current inclusions.

- [] Ask what is excluded before paying the booking amount.
- [] Check official weather, route and document requirements.
- [] Share senior traveler health or walking concerns early.

Website links for next steps

Full article: <https://www.shubhayatraholidays.com/blog/gujarat-pilgrimage-senior-citizens-guide>

Official website: <https://www.shubhayatraholidays.com/>

All yatra planning tools: <https://www.shubhayatraholidays.com/tools>

Upcoming departure calendar: <https://www.shubhayatraholidays.com/tools/yatra-departure-calendar>

View the Gujarat journey overview: <https://www.shubhayatraholidays.com/gujarat>

Understand the full 10-day route pace:

<https://www.shubhayatraholidays.com/blog/gujarat-madhya-pradesh-10-day-itinerary-guide>

Read Somnath's practical access guide:

<https://www.shubhayatraholidays.com/blog/somnath-temple-darshan-practical-guide>

Official external checks

Shree Somnath Trust accessibility facilities: <https://somnath.org/faq/>

DGCA civil-aviation accessibility guidelines:

<https://www.dgca.gov.in/digigov-portal/Upload?attachId=EfYJIRDygZd5NS8UoGZeFQ%3D%3D&flag=iframeAttach>

CDC guidance for travelers with chronic illness:

<https://www.cdc.gov/yellow-book/hcp/travelers-with-additional-considerations/travelers-with-chronic-illnesses.html>

Gujarat Tourism seasonal climate overview: <https://www.gujarattourism.com/about-gujarat.html>

Important note

This checklist supports travel planning only. Confirm current availability, route conditions and official requirements before booking.

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